

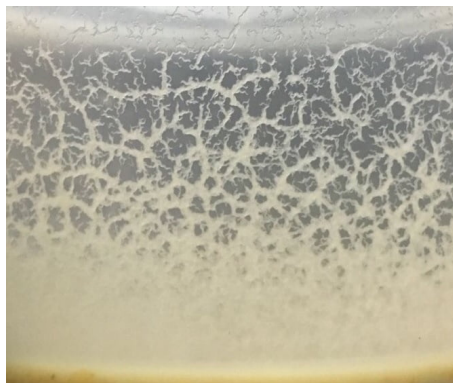
How to culture microworms

Microworms are a nematode, which is perfect for newly hatched fry that won't accept the traditional pellet and flake food. They range in size from 1 – 3mm. This live food is small enough and will wriggle in the water column, which triggers the newly hatched fry into hunting mode. Best to feed extremely tiny fry like bettas, danios, cichlids, corydoras, guppies, killifish and more! Microworms are essentially a great start to a fry's healthy diet.

It's important to plan when to start your culture so that by the time your fry have hatched there will already be a large quantity of microworms available for feeding.

Materials needed:

- Starter culture
- Oats or instant mash (Smash)
- Plastic container (preferably a clear container so that you can see the worms crawl up the side)
- Cutting blade to make a small hole on the lid for ventilation
- Filter floss or sponge to stuff the hole on the lid. This will prevent bugs from getting into the culture
- Yeast (optional)



Directions:

- Prepare your culture medium. The culture should be like a mash and gravy consistency, not too thick and not too runny. If using oats allow to cool first.
- Add the starter culture to your mixture with a tiny bit of yeast to get the culture going. Yeast is optional but the addition will speed up the process.
- Close and set in a cool place. The culture can be stirred for the first few days to even out the microworms.
- In a few days the microworms will start crawling up the sides and harvesting can be done using a cotton bud.

